

BCNH PROSPECTUS

(2009 - 2010)



'Let food be your medicine and medicine be your food'

Hippocrates ca. 500 BC

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Updated 8th July 2009

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BCNH COURSES & ENROLLMENT

Our courses are structured in such a way that people from all walks of life may apply to study at BCNH.

BCNH OFFERS THE FOLLOWING COURSES:-

1. Science Foundation Courses (SFC):-

- Standard 10-month course (with tutorial support)
- Self-study SFC (with tutorial support)
- Short SFC (without tutorial support)

2. BSc COURSES

- **BSc (Hons) Professional Practice (Nutritional Health) WITH** Clinical Practice (4-year part-time course)
- **BSc (Hons) Professional Practice (Nutritional Health) WITHOUT** Clinical Practice (3-year part-time course)

3. Diploma Courses

- **BCNH Diploma in Nutritional Therapy WITH** Clinical Practice (3.5-year part-time course)
- **BCNH Diploma in Nutritional Therapy WITHOUT** Clinical Practice (3-year part-time course)

ENROLMENT REQUIREMENTS FOR DIPLOMA AND BSc COURSES:-

Science Foundation Course (SFC):	Basic IT skills a minimum of 5 GCSEs (grade C and above)
Diploma or BSc courses:-	Basic IT skills an A' level in Chemistry and Biology, or equivalent. Candidates can APL these qualifications if their study was completed within the last 10 years. Candidates, who do not comply with the above requirements, are required to complete a Science Foundation Course (SFC) and pass all the SFC exams.
FOREIGN AND OVERSEAS STUDENTS	Foreign students may be required to submit an essay to demonstrate their fluency in English.

INTERVIEWS

- All applicants must be interviewed by a member of the BCNH Academic Board *prior* to their enrolment on the course.

QUESTIONS AND ANSWERS:

Who should enrol on the courses WITHOUT the clinical practice?

Candidates who do not wish to pursue their career as Nutritional Health Practitioners - eg journalists, health writers, life coaches, personal trainers, teachers, other complementary therapy practitioners such as osteopaths, chiropractors, homeopaths, etc.

Graduates WITHOUT the clinical practice will NOT be eligible to register with NTC or BANT.

Can I register to complete the clinical practice at a later date?

Diploma and BSc graduates will be able to complete the clinical practice within 5 years of graduation. Registration will be subject to successful completion of 2 BCNH-set formative case studies.

BCNH DISTANCE LEARNING, ATTENDANCE & COMBINATION COURSES

DISTANCE LEARNING COURSES

Distance Learning Courses are suitable for individuals who cannot physically attend lectures and seminars in London.

- Students can download live recordings of lectures and seminars from a password protected area of BCNH website.
- All students have a personal tutor who will support them throughout their study at BCNH.
- Science Foundation Course (SFC) students will have a tutor available 2 hours a week for telephone support.
- Students can sit examination in their own home-town, providing they arrange a suitable Invigilator (eg an academic institution), approved by the college. Students pay the exam invigilation fee.

CLINICAL ATTENDANCE

- A compulsory in-class clinical attendance is required in Year 3 and 4 of the course. Clinical sessions are arranged in clusters to minimise students' frequency of travel to London.

ATTENDANCE COURSES

Attendance Courses are suitable for individuals who live in or near London and can physically attend lectures and seminars at the University College London, where BCNH hires lecture rooms.

- Students attend ONE weekend a month (Saturday and Sunday 10am - 5pm) and two evenings a month (6pm - 9pm) between September and May. In June students prepare for their final assignments or examinations.
- All students have a personal tutor who will support them throughout their study at BCNH.

COMBINATION COURSES

Combination Courses are suitable for individuals who, due to distance or family commitments, are not able to physically attend all lectures and seminars.

- Students attend weekend lectures and / or evening seminars as agreed by the college at the beginning of the academic year. Eg some students attend lecture weekends and complete evening seminars by correspondence.

CLINICAL SEMINAR ATTENDANCE

- Students, who do not attend clinical seminars must complete clinical work at home and email completed work to the college. Clinical seminar exercises are compulsory for all students.

PROFESSIONAL MEMBERSHIPS

BCNH graduates can register with the following bodies:-

- **BANT** - British Association of Nutritional Therapists
- **BCMA** - British Complementary Medical Association
- **CMA** - Complementary Medical Association

BCNH is an active member of NTC (the Nutrition Therapy Council), setting new professional standards for the training Colleges.

As a member of the NTC Schools Forum, we (BCNH - UK College of Nutrition & Health), have completed Stage 1 of the NTC Accreditation process. We are currently preparing for Stage 2 accreditation. Further information about the accreditation is available on NTC website: <http://www.nutritionaltherapycouncil.org.uk>.

NTC Registration

Please note that the registration acceptance onto the NTC (Nutritional Therapy Council) register is at the discretion of NTC, not just successful completion of the course.

ACADEMIC PARTNERSHIP WITH THE UNIVERSITY OF GREENWICH

A degree is becoming an increasingly popular choice as Nutritional Therapy is trying to establish itself as a mainstream science.

We are pleased to announce that our courses are **credit rated** by the University of Greenwich. Students will complete 195 credits with BCNH and 165 credits with the University of Greenwich. Graduates will be awarded a **BSc (Hons) Professional Practice (Nutritional Health)** by the University of Greenwich.

Students registering with BCNH will also be registered as a student of the University of Greenwich. This means that students not only receive the full academic support of BCNH, but also have full access to the University's learning resources.

MODE OF STUDY

PART - TIME:	weekend lectures and evening seminars
COMBINATION:	attendance and correspondence
ONLINE:	University of Greenwich courses only
DISTANCE LEARNING:	an option for all courses

BCNH COURSES AND FEES (09 - 10)

COURSE	MODE OF STUDY	BCNH FEE	DURATION
*SFC (Science)	Part time - attendance, DL or Combination	£1,950 (incl. VAT)	10 months
Refresher Courses			
*Short SFC	Distance Learning	£950 (incl. VAT)	Minimum 6 months
Self-study Course	Distance Learning	1,050 (incl. VAT)	Minimum 6 months

Fees are correct at the time of publishing. Course fees may increase each year in line with inflation.

BSc (WITHOUT clinical practice) COURSE fees (09 - 10) - (3 years part-time)			
Registration Fee: £300	BCNH fees		BCNH & UG fees
Level 1	£2,700	Plus 4 UG courses @ £525 per 15 credits	£4,800
Level 2	£3,375	Plus 3 UG courses @ £550 per 15 credits	£4,950
Level 3	£2,700	Plus 4 UG courses @ £550 per 15 credits	£4,800
TOTAL Fee = £9,075 (BCNH fees) + £5,775 UG Courses = £14,850 (payable over 3 years)			

Fees are correct at the time of publishing. Course fees may increase each year in line with inflation.

BSc (WITH clinical practice) COURSE fees (09 - 10) - (4 years part-time)			
Registration Fee: £300	BCNH fees		BCNH & UG fees
Level 1	£2,700	Plus 4 UG courses @ £550 per 15 credits	£4,800
Level 2	£3,375	Plus 3 UG courses @ £550 per 15 credits	£4,950
Level 3	£2,700	Plus 4 UG courses @ £550 per 15 credits	£4,800
Year 4	£2,635	including BCNH clinical practice & clinical modules	
TOTAL Fee = £11,710 (BCNH fees) + £5,775 UG Courses = £17,485 (payable over 4 years)			

Fees are correct at the time of publishing. Course fees may increase each year in line with inflation.

BCNH Dip. (without clinical practice) COURSE fees (09 - 10) - (3 yrs part-time)			
Registration fee: £345	BCNH fees		BCNH & UG fees
Level 1	£3,105	Plus 1 UG course @ £525 per 15 credits	£3,630
Level 2	£3,881	Plus 1 UG course @ £525 per 15 credits	£4,406
Level 3	£3,105	Plus 1 UG course @ £525 per 15 credits	£3,630
TOTAL Fee = £10,436 (BCNH fees) + £1,575 UG Courses = £12,011 (payable over 3 years)			

Fees are correct at the time of publishing. Course fees may increase each year in line with inflation.

BCNH Dip. (with clinical practice) COURSE fees (09 - 10) - (3.5 yrs part-time)			
Registration Fee: £345	BCNH fees		BCNH & UG fees
Level 1	£3,105	Plus 1 UG course @ £550 per 15 credits	£3,630
Level 2	£3,881	Plus 1 UG course @ £550 per 15 credits	£4,406
Level 3	£3,105	Plus 1 UG course @ £550 per 15 credits	£3,630
Year 4	£2,635	including BCNH clinical practice & clinical modules	
TOTAL Fee = £13,071 (BCNH fees) + £1,575 UG Courses = £14,646 (pay over 3.5 years)			

Fees are correct at the time of publishing. Course fees may increase each year in line with inflation.

ENROLLMENT DEADLINE (09 - 10)

Students must submit their application with registration fee no later than 15th July 2009.

Students paying BCNH course fees in advance are entitled to:-

- 10% discount if paying the fees in full by **16th July 2009**.
- 5% discount if paying the fees in full after the above date but **before 16th September 2009**.

(SFC) SCIENCE FOUNDATION COURSE

BCNH Science Foundation Course (SFC) is designed for the following candidates:

- Those who do not have an A' Level in Biology and Chemistry or an equivalent.
- Those who have completed A' Level in Biology and Chemistry 10 years ago or more.

QUESTIONS AND ANSWERS

Q: Is the course length sufficient to prepare me for Diploma or Degree studies?

A: The SFC (10 months in length) will give students sufficient scientific knowledge, which will enable students to follow the topics on the Diploma or Degree course.

Q: Can I do the course by correspondence?

A: You can. You can enrol on the SFC correspondence course at any time during the year.

Q: Does BCNH recognise Science Foundation Courses from other institutions?

A: BCNH does recognise other courses (eg. Birkbeck College), subject to approval by the Principal.

Q: Why do I need to complete a Science Foundation Course?

A: BCNH teaching is evidence based. Candidates without any science background will have difficulty following the modules on our BSc or Diploma, hence the need to prepare students for future studies at BCNH. We also set a very high standard for our courses as we believe this is the only way to bring out of candidates the best of their abilities.

Q: Are Distance learning modules cheaper than attendance modules?

A: Both courses have the same fees.

SFC DATES (09 - 10)

Day:	Date:	Modules:	Day:	Date:	Modules:
Saturday	26 th Sept. 2009	Chemistry 1	Saturday	20 th Feb. 2010	Chemistry 6
Sunday	27 th Sept. 2009	Chemistry 1	Sunday	21 st Feb. 2010	Chemistry 6
Saturday	24 th Oct. 2009	Chemistry 2	Saturday	27 th March 2010	Chemistry 7
Sunday	25 th Oct. 2009	Chemistry 2	Sunday	29 th March 2010	Chemistry 7
Saturday	21 st Nov 2009	Chemistry 3	Saturday	24 th April 2010	Biology 1
Sunday	22 nd Nov 2009	Chemistry 3	Sunday	25 th April 2010	Biology 1
Saturday	19 th Dec. 2009	Chemistry 4	Saturday	22 nd May 2010	Biology 2
Sunday	20 th Dec. 2009	Chemistry 4	Sunday	23 rd May 2010	Biology 2
Saturday	23 rd Jan. 2010	Chemistry 5	Saturday	19 th June 2010	Revision & Mock Exam
Sunday	24 th Jan. 2010	Chemistry 5			
Saturday 10th July 2009 FINAL EXAM					

Course Fees: £1,950.00 (incl. VAT)

Fees to include course notes, lecture audio recordings, homework Qs and As, tutorial support, mock and final examination. Students who fail a final examination will have to pay a **re-sit fee of £50 + VAT**.

A fast-track route (short SFC) can be considered by students who have undertaken previous study of biology or chemistry.

Level 1 Courses - BSc (Hons) OFFERED BY BCNH & UNIVERSITY OF GREENWICH

Term 1	Term 2
Academic skills for Professional Practice RESE 1056 (15 credits)	Understanding Quantitative Data I STAT 1023 (15 credits)
Introduction to Concepts of Health OMED 1214 (15 credits)	Introduction to Complementary Therapies OMED 1215 (15 credits)
Principles of Nutritional Therapy I BCNH 01 (15 credits)	Transport and Exchange Mechanisms BCNH 03 (15 credits)
Digestion and Metabolism BCNH 02 (15 credits)	Principles of Nutritional Therapy II BCNH 04 (15 credits)

Courses offered by University of Greenwich: 60 credits

Courses offered by BCNH: 60 Credits

BCNH MODULE 1: PRINCIPLES OF NUTRITIONAL THERAPY I

- CARBOHYDRATES, FATS & PROTEINS
- VITAMINS & MINERALS, NUTRIENT DEFICIENCIES
- HEALTH PROGRAMME QUESTIONNAIRE ANALYSIS
- CLIENT DIETARY ASSESSMENT & REPORT
- BIOCHEMICAL & FUNCTIONAL TESTS

BCNH MODULE 2: DIGESTION AND METABOLISM

- DIGESTIVE ANATOMY & PHYSIOLOGY (A & P)
- DIGESTIVE DISEASES
- LIVER A & P & PATHOLOGY
- METABOLISM & METABOLIC DISORDERS
- BIOCHEMICAL & FUNCTIONAL TESTS

BCNH MODULE 3: TRANSPORT AND EXCHANGE MECHANISMS

- BLOOD, HEART & CIRCULATION A & P
- CARDIOVASCULAR DISEASES
- RESPIRATORY & URINARY SYSTEM A & P
- RESPIRATORY & URINARY DISORDERS
- BIOCHEMICAL & FUNCTIONAL TESTS

BCNH MODULE 4: PRINCIPLES OF NUTRITIONAL THERAPY II

- FOOD COMPOSITION, TOXICOLOGY & REGULATION
- FOOD SAFETY AND CONTAMINATION, FOOD PROCESSING, ETC.
- FOOD PRODUCTION - ORGANIC vs NON-ORGANIC
- MENU PLANNING & DIETARY MODELS
- SUPER FOODS, RAW FOODS, WATER

STUDY TIME

- **Approximately 150 hours per course** - approx. 15 hours per week (depending on the individual). This includes time spent writing course assignments.

FEES:

Level 1 - BSc (Hons) Course Fees (09-10):-

Registration fee: **£300** - a one off fee payable on registration

Level 1 in advance: **£2,700** (£675 per 15 credits)

Monthly: **a deposit fee of £675 + 9 x £230**

Quarterly: **a deposit fee of £675 + 3 x £680**

University of Greenwich fees:

£525 per 15 credits

Overseas students' fees

please ask the University

What is included in the course fee?

- Fees include course notes, lectures & seminars and their audio recordings, workbook Qs and As, tutorial support, marking course assignments and examinations.
- **Students who fail an assignment or an examination will have to pay a re-sit fee of £50 for each failed part.**
- **THE COURSE FEE DOES NOT INCLUDE THE BOOKS ON THE READING LIST.**

METHODS OF PAYMENT:

You can pay monthly, quarterly or one year in advance. **All fees are payable one quarter in advance.**

Students paying BCNH course fees in advance are entitled to 5% - 10% discount:-

- 10% discount is available to students who pay the fees in full by **16th July 2009**.
- 5% discount is available to students who pay the fees in full after the above date but **before 16th September 2009**.

Fees for the courses offered by the University of Greenwich are payable directly to the University, not to BCNH!

Equal opportunities

BCNH is firmly committed to pursuing equal opportunities for all. We have an equal opportunities Policy and Code of Practice, and in accordance with this policy, students can expect access to all student services and equal treatment, which does not discriminate on the grounds of sex, race, ethnicity, nationality, sexual orientation, age or disability.

Level 2 Courses - BSc (Hons) OFFERED BY BCNH & UNIVERSITY OF GREENWICH

Term 1	Term 2
Introduction to the Theory of Communication for therapeutic Purposes SOCW 1098 (15 credits)	Introduction to the Research Process RESE 1051 (15 Credits)
Stress Management OMED 1211 (15 credits)	Nutritional Therapy for Musculoskeletal Disorders BCNH 07 (15 Credits)
Control, Response & Sensory Systems BCNH 05 (15 Credits)	Advanced GI Health & Pathology BCNH 08 (15 credits)
Immunity, Nutrition & Defence Mechanisms BCNH 06 (15 Credits)	Pollution and Detoxification BCNH 09 (15 credits)

Courses offered by University of Greenwich: 45 Credits
 Courses offered by BCNH: 75 Credits

BCNH MODULE 5: CONTROL, RESPONSE & SENSORY & SYSTEMS

- ENDOCRINE SYSTEM ANATOMY, PHYSIOLOGY & PATHOLOGY
- NERVOUS SYSTEM ANATOMY, PHYSIOLOGY & PATHOLOGY
- SKIN AND SENSE ORGANS ANATOMY, PHYSIOLOGY & PATHOLOGY
- BIOCHEMICAL & FUNCTIONAL TESTS

BCNH MODULE 6: IMMUNITY, NUTRITION & DEFENCE MECHANISMS

- IMMUNE AND LYMPHATIC SYSTEM ANATOMY, PHYSIOLOGY & PATHOLOGY
- FREE RADICALS, ANTIOXIDANTS, CANCER & FATIGUE CONDITIONS
- BIOCHEMICAL & FUNCTIONAL TESTS

BCNH MODULE 7: NUTRITIONAL THERAPY FOR MUSCULOSKELETAL DISORDERS

- MUSCULOSKELETAL SYSTEM ANATOMY, PHYSIOLOGY
- MUSCULOSKELETAL PATHOLOGY
- FIBROMYALGIA
- BIOCHEMICAL & FUNCTIONAL TESTS

BCNH MODULE 8: POLLUTION & DETOXIFICATION

- ENVIRONMENTAL POLLUTION, HEAVY METALS
- LIVER DETOXIFICATION PATHWAYS
- CLINICAL DETOXIFICATION METHODS
- BIOCHEMICAL & FUNCTIONAL TESTS

BCNH MODULE 9: ADVANCED GASTROINTESTINAL HEALTH & PATHOLOGY

- GASTRO-INTESTINAL ECOLOGY
- PROBIOTICS, GUT & BRAIN CONNECTION
- BIOCHEMICAL & FUNCTIONAL TESTS

STUDY TIME

- **Approximately 150 hours per course** - approx. 15 hours per week (depending on the individual). This includes time spent writing course assignments.

FEES:

Level 2 - BSc (Hons) Course Fees (09-10):-

Level 2 in advance:	£3,375 (£675 per 15 credits)
Monthly:	a deposit fee of £675 + 9 x £305
Quarterly:	a deposit fee of £675 + 4 x £680

University of Greenwich fees:
Overseas students' fees

£525 per 15 credits
please ask the University

What is included in the course fee?

- Fees include course notes, lectures & seminars and their audio recordings, workbook Qs and As, tutorial support, marking course assignments and examinations.
- **Students who fail an assignment or an examination will have to pay a re-sit fee of £50 for each failed part.**
- **THE COURSE FEE DOES NOT INCLUDE THE BOOKS ON THE READING LIST.**

METHODS OF PAYMENT:

You can pay monthly, quarterly or one year in advance. **All fees are payable one quarter in advance.**

Students paying BCNH course fees in advance are entitled to 5% - 10% discount:-

- 10% discount is available to students who pay the fees in full by **16th July 2009**.
- 5% discount is available to students who pay the fees in full after the above date but **before 16th September 2009**.

Fees for the courses offered by the University of Greenwich are payable directly to the University, not to BCNH!

Equal opportunities

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Level 3 Courses - BSc (Hons)
OFFERED BY BCNH & UNIVERSITY OF GREENWICH

Term 1	Term 2
Concepts of CAM OMED 0015 (15 Credits)	Influences of Mind Body Medicine OMED 1213 (15 credits)
Clinical Skills for Nutritional Therapy BCNH 10 (15 Credits)	Nut. Therapy & Optimal Physical, Emotional & Mental Health BCNH 12 (15 credits)
Nutrition Through the Life Cycle BCNH 11 (15 Credits)	Nut. Therapy and Advanced Endocrinology BCNH 13 (15 credits)
OMED 0052 - PROJECT	

Modules offered by University of Greenwich:

60 Credits

Modules offered by BCNH:

60 Credits

BCNH MODULE 10: CLINICAL SKILLS FOR NUTRITIONAL THERAPY

- HEALTH PROGRAMME QUESTIONNAIRE ANALYSIS & REPORT
- DIFFERENTIAL DIAGNOSIS
- PHARMACOLOGY
- BIOCHEMICAL & FUNCTIONAL TESTS

BCNH MODULE 11: NUTRITIONAL THERAPY AND ENDOCRINOLOGY

- THYROID & FUNCTIONAL TESTS
- ADRENALS & FUNCTIONAL TESTS
- HORMONAL INTERACTIONS
- METABOLIC SYNDROME AND DIABETES
- BIOCHEMICAL & FUNCTIONAL TESTS

BCNH MODULE 12: NUTRITION THROUGH THE LIFE CYCLE

- REPRODUCTIVE SYSTEM ANATOMY, PHYSIOLOGY & PATHOLOGY
- PRECONCEPTUAL CARE & PREGNANCY
- FEMALE & MALE HEALTH PROBLEMS
- BABIES, CHILDREN, ADOLESCENTS & CHILDHOOD DISORDERS
- AGEING AND AGE RELATED DISEASES
- BIOCHEMICAL & FUNCTIONAL TESTS

BCNH MODULE 13: NUTRITIONAL THERAPY & OPTIMAL PHYSICAL, EMOTIONAL & MENTAL HEALTH

- | | |
|---|---|
| <ul style="list-style-type: none"> • EATING DISORDERS • WEIGHT • MENTAL HEALTH • BIOCHEMICAL & FUNCTIONAL TESTS | <ul style="list-style-type: none"> • GENETIC DISORDERS • MULTIPLE SCLEROSIS • CHRONIC FATIGUE SYNDROME |
|---|---|

CASE STUDIES

- 4 BCNH-set CASE STUDIES (INCLUDING FUNCTIONAL TESTS INTERPRETATION)

STUDY TIME

- **Approximately 150 hours per course** - approx. 20 hours per week (depending on the individual). This includes time spent writing course assignments.

FEES:

Level 3 - BSc (Hons) Course Fees (09-10):-

Level 3 in advance:	£2,700 (£675 per 15 credits)
Monthly:	a deposit fee of £675 + 9 x £230
Quarterly:	a deposit fee of £675 + 3 x £680

University of Greenwich fees:
Overseas students' fees

£525 per 15 credits
please ask the University

What is included in the course fee?

- Fees include course notes, lectures & seminars and their audio recordings, workbook Qs and As, tutorial support, marking course assignments and examinations.
- **Students who fail an assignment or an examination will have to pay a re-sit fee of £50 for each failed part.**
- **THE COURSE FEE DOES NOT INCLUDE THE BOOKS ON THE READING LIST.**

METHODS OF PAYMENT:

You can pay monthly, quarterly or one year in advance. **All fees are payable one quarter in advance.**

Students paying BCNH course fees in advance are entitled to 5% - 10% discount:-

- 10% discount is available to students who pay the fees in full by **16th July 2009**.
- 5% discount is available to students who pay the fees in full after the above date but **before 16th September 2009**.

Fees for the courses offered by the University of Greenwich are payable directly to the University, not to BCNH!

Equal opportunities

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Year 4 Courses - BSc (Hons) WITH Clinical Practice OFFERED BY BCNH

BCNH MODULE 14: NUTRITIONAL THERAPY (NT) IN PRACTICE

- REFLECTIVE PRACTICE
- COMMUNICATION SKILLS
- BUSINESS SKILLS, MARKETING AND PRACTICE MANAGEMENT
- HEALTH & SAFETY
- PROFESSIONAL STANDARDS AND CODE OF CONDUCT
- THERAPEUTIC USE OF FOOD SUPPLEMENTS, PHYTOCHEMICALS & AMINO ACIDS

CASE STUDIES

- 12 CASE STUDIES & 12 FOLLOW-UPS IN A CLINICAL SETTING (INCLUDING BIOCHEMICAL & FUNCTIONAL TESTS INTERPRETATION)

STUDY TIME

- **Approximately** 15 hours per week (depending on the individual). This includes time spent writing and analysing case studies.

FEES:

Year 4 (09 - 10) - clinical practice

A year in advance:	£ 2,635 incl. VAT
Deposit Fee:	£435 incl. VAT
Monthly:	8 x £280 incl. VAT
Quarterly:	4 x £560 incl. VAT

What is included in the course fee?

- Fees include course notes, lectures & seminars and their audio recordings, tutorial support, assessment and supervision of case studies.
- **Students who fail a case study examination will have to pay a re-sit fee of £50 + VAT for a re-sit case study.**

METHODS OF PAYMENT:

You can pay monthly, quarterly or one year in advance. **All fees are payable one quarter in advance.**

Equal opportunities

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3.5-YEAR PART-TIME BCNH DIPLOMA COURSES

Students on BCNH Diploma courses follow the same programme of study as BSc students, however, Diploma students undertake only ONE University of Greenwich course per academic year.

At BCNH we offer TWO types of Diploma courses:-

1. **BCNH Diploma in Nutrition & Health WITH Clinical Practice** (3-year part-time course)
2. **BCNH Diploma in Nutrition & Health WITHOUT Clinical Practice** (3.5-year part-time course)

NB:

Graduates WITHOUT the clinical practice will NOT be eligible to register with NTC or BANT.

LEVEL 1

Term 1	Term 2
Academic skills for Professional Practice RESE 1056 (15 credits)	Transport and Exchange Mechanisms BCNH 03 (15 credits)
Principles of Nutritional Therapy I BCNH 01 (15 credits)	Principles of Nutritional Therapy II BCNH 04 (15 credits)
Digestion and Metabolism BCNH 02 (15 credits)	

Courses offered by University of Greenwich:

15 credits

Courses offered by BCNH:

60 Credits

LEVEL 2

Term 1	Term 2
Introduction to the Research Process RESE 1051 (15 Credits)	NT for Musculoskeletal Disorders BCNH 07 (15 Credits)
Control, Response & Sensory Systems BCNH 05 (15 Credits)	Advanced GI Health & Pathology BCNH 08 (15 credits)
Immunity, Nutrition & Defence Mechanisms BCNH 06 (15 Credits)	Pollution and Detoxification BCNH 09 (15 credits)

Courses offered by University of Greenwich:

15 Credits

Courses offered by BCNH:

75 Credits

LEVEL 3

Term 1	Term 2
An introduction to the theory of communication for therapeutic purposes (15 credits)	Nutritional Therapy & Optimal Physical, Emotional & Mental Health BCNH 12 (15 credits)
Clinical Skills for Nutritional Therapy BCNH 10 (15 Credits)	Nutritional Therapy and Endocrinology BCNH 13 (15 credits)
Nutrition Through the Life Cycle BCNH 11 (15 Credits)	

Courses offered by University of Greenwich:

15 credits

Courses offered by BCNH:

60 Credits

STUDY TIME

- **Approximately 150 hours per course** - approx. 15 hours per week (depending on the individual). This includes time spent writing course assignments.

CASE STUDIES - Year 4 (Diploma WITH Clinical Practice)

To graduate, students are required to complete (in addition to the above courses), the following clinical work:-

- **12 CASE STUDIES - CLINIC ENVIRONMENT**
- **12 Follow-ups**
- **8 Live case studies (out of 12) - clinically assessed**

STUDY TIME - Clinical Work

- **Approximately 150 hours per course** - approx. 15 hours per week (depending on the individual). This includes time spent writing course assignments.

CONVERTING DIPLOMA TO A DEGREE

Students following the BCNH Nutritional Therapy Diploma may concurrently register as Associate Students of the University of Greenwich to study individual courses relevant to the BSc Hons Complementary Therapies (Nutritional Health) programme. Following successful completion of the BCNH Nutritional Therapy Diploma, students may apply to join the BSc Hons Complementary Therapies (Nutritional Health) programme and transfer relevant credit gained from their studies as Associate Students, into the programme.

Associate Students are not registered to an award of the University of Greenwich but undertake a credit-bearing course of study as a free-standing entity. Associate Students are entitled to the same privileges and access to resources as all other part-time students of the University for the duration of their period of study.

The following university of Greenwich courses are to be completed to convert BCNH Diploma to BSc:-

Level 1:

- Introduction to Concepts of Health
- Understanding Quantitative Data I
- Introduction to Complementary Therapies

Level 2:

- Stress Management
- Introduction to the Theory of Communication for therapeutic Purposes

Level 3:

- Concepts of CAM (Complementary and Alternative Medicine)
- Influences of Mind Body Medicine
- Project

FEES:

Dip - Level 1 Fees (09-10)

Registration fee:	£345 - payable on registration
Level 1 in advance:	£3,105 (£776 per 15 credits) incl. VAT
Monthly:	a deposit fee of £776 + (9 x £264) incl. VAT
Quarterly:	a deposit fee of £776 + (3 x £782) incl. VAT

Dip - Level 2 Fees (09-10)

Level 2 in advance:	£3,881 (£776 per 15 credits) incl. VAT
Monthly:	a deposit fee of £776 + (9 x 350) incl. VAT
Quarterly:	a deposit fee of £776 + (4 x £781) incl. VAT

Dip - Level 3 Fees (09-10) - WITHOUT clinical practice

Level 3 in advance:	£3,105 (£776 per 15 credits) incl. VAT
Monthly:	a deposit fee of £776 + (9 x £264) incl. VAT
Quarterly:	a deposit fee of £776 + (3 x £782) incl. VAT

Diploma Level 3 Fees (09-10) - WITH clinical practice

Level 3 in advance:	£3,105 (£776 per 15 credits) incl. VAT
Monthly:	a deposit fee of £776 + (9 x £264) incl. VAT
Quarterly:	a deposit fee of £776 + (3 x £782) incl. VAT

Year 4 (09 - 10) - clinical practice

A year in advance:	£ 2,635 incl. VAT
Deposit Fee:	£ 435 incl. VAT
Monthly:	8 x £280 incl. VAT
Quarterly:	4 x £560 incl. VAT

METHODS OF PAYMENT:

You can pay monthly, quarterly or one year in advance. **All fees are payable one quarter in advance.**

Students paying BCNH course fees in advance are entitled to 5% - 10% discount:-

- 10% discount is available to students who pay the fees in full by **16th July 2009**.
- 5% discount is available to students who pay the fees in full after the above date but **before 16th September 2009**.

Fees for the courses offered by the University of Greenwich are payable directly to the University upon registration!

Equal opportunities

BCNH is firmly committed to pursuing equal opportunities for all. We have an equal opportunities Policy and Code of Practice, and in accordance with this policy, students can expect access to all student services and equal treatment, which does not discriminate on the grounds of sex, race, ethnicity, nationality, sexual orientation, age or disability.



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