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## BCNH COURSE REQUIREMENTS & ENROLLMENT

Our courses are structured in such a way that people from all walks of life may apply to study at BCNH.

### ENROLMENT REQUIREMENTS FOR DIPLOMA AND DEGREE COURSE:

- 'A' Level Chemistry and Biology, an Access course eg Science Foundation course or a science based qualification, based on chemistry.
- Candidates, who do not comply with the above requirements, are required to complete a Science Foundation Course (SFC) and pass all the SFC exams.
- See details of BCNH Science Foundation Course on page 5.

### INTERVIEWS

- Applicants must be interviewed by a member of the BCNH Academic Board *prior* to their enrolment on the course.

### ENROLMENT REQUIREMENTS FOR THE UNIVERSITY OF GREENWICH COURSES:

Students studying **BSc (Hons) Complementary Therapy (Nutritional Health)**, must also register with the University of Greenwich (UG), to complete the university's modules as specified in the course outlines.

The procedures to register with the UG are as follows:-

1. Register with BCNH
2. BCNH will send you UG application form
3. Students return completed UG form to BCNH
4. BCNH forward completed students' forms to the relevant departments at UG
5. UG contact the students

### STUDY TIME

#### Diploma and Degree Modules

- **Approximately 65 - 75 hours per course** - approx. 12 hours per week (depending on the individual). This includes time spent writing course assignments.

## BCNH COURSE RECOGNITION

The BCNH BSc (Hons) & Diploma Course are recognised by the following bodies:-

- **BCMA** - British Complementary Medical Association.
- **CMA** - Complementary Medical Association
- **BCNH is an active member of NTC** (the Nutrition Therapy Council), setting new professional standards for the training Colleges.

As a member of the NTC Schools Forum, we (BCNH - UK College of Nutrition & Health), have completed Stage 1 of the NTC Accreditation process. We are currently preparing for Stage 2 accreditation. Further information about the accreditation is available on NTC website: <http://www.nutritionaltherapycouncil.org.uk>.

## ACADEMIC PARTNERSHIP WITH THE UNIVERSITY OF GREENWICH

A degree is becoming increasingly popular choice as Nutritional Therapy is becoming established as a mainstream science.

We are pleased to announce that our courses are **credit rated** by the University of Greenwich. Students will complete 195 credits with BCNH and 165 credits with the University of Greenwich. Graduates will be awarded a **BSc (Hons) Complementary Therapies (Nutritional Health)** by the university.

Students registering with BCNH will also be registered as a student of the University of Greenwich. This means that students not only receive the full academic support of BCNH, but also have full access to the University's learning resources.

## METHODS OF STUDY

<b>PART - TIME:</b>	weekend lectures and evening seminars
<b>COMBINATION:</b>	attendance and correspondence
<b>ONLINE:</b>	University of Greenwich courses only
<b>DISTANCE LEARNING:</b>	an option for all courses

## BCNH COURSES AND FEES (08 - 09)

COURSE	MODE OF STUDY	BCNH FEE	DURATION
*SFC (Science Foundation Course)	<b>Part time - attendance</b>	<b>£1,900</b> (incl. VAT)	<b>10 months</b>
	<b>Distance Learning</b>	<b>£1,900</b> (incl. VAT)	<b>10 months</b>
*for those without A Levels in Chemistry or Biology	<b>Combination</b>	<b>£1,900</b> (incl. VAT)	<b>10 months</b>
	<b>Refresher Courses</b>		
*Short SFC	<b>Distance Learning</b>	<b>£850</b> (incl. VAT)	<b>Minimum 6 months</b>
*revision for those gaining A Levels more than 10 yrs ago			

**What is included in the fee?** Course materials, audio CDs, homework marking (DL students), tutorial support and examination.

**Who should enroll on a short SFC?** Short SFC is suitable for candidates who have studied Chemistry and/or Biology more than 10 years ago and need a refresher course.

BSc COURSES	BCNH COURSE FEES	UG COURSE FEES	TOTAL
BCNH Reg. fee: £300	<b>£650.00</b> / 15 credits	<b>£450.00</b> / 15 credits	
BSs - Level 1	<b>£2,600.00</b>	<b>£1,800.00</b>	<b>£4,400.00</b>
BSs - Level 2	<b>£3,250.00</b>	<b>£1,350.00</b>	<b>£4,600.00</b>
BSs - Level 3	<b>£2,800.00</b>	<b>£1,800.00</b>	<b>£4,600.00</b>
Yr 4 - Clinic Practice	<b>£1,200.00</b>	n/a	<b>£1,200.00</b>
	<b>£10,150.00</b>	<b>£4,950.00</b>	<b>£15,100.00</b>

**What is included in the fee?** Lectures, seminars, course materials (excluding books on the reading list), tutorial support, marking and moderating assignments and examinations, clinical assessments, etc.

Dip. COURSES	BCNH COURSE FEES	UG COURSE FEES	TOTAL
Reg. fee: £300 (incl VAT)	<b>£650.00</b> / 15 credits	<b>£450.00</b> / 15 credits	
BCNH Diploma - Level 1	<b>£2,600.00 + VAT</b>	<b>£450.00</b>	<b>£3,050.00</b>
BCNH Diploma - Level 2	<b>£3,250.00 + VAT</b>	<b>£450.00</b>	<b>£3,700.00</b>
BCNH Diploma - Level 2	<b>£2,800.00 + VAT</b>	<b>£450.00</b>	<b>£3,250.00</b>
Yr 4 - Clinic Practice	<b>£1,200.00 + VAT</b>	n/a	<b>£1,200.00</b>
TOTAL:	<b>£11,874.00 (incl. VAT)</b>	<b>£1,350.00</b>	<b>£13,224.00</b>

**What is included in the fee?** Lectures, seminars, course materials (excluding books on the reading list), tutorial support, marking and moderating assignments and examinations, clinical assessments, etc.

### ENROLLMENT DEADLINE (07 - 08)

**To enrol on degree or Diploma courses students must submit their application with registration fee by 16<sup>th</sup> of July 2008.**

### What is the difference between the degree and the diploma course?

Students on the Diploma course will follow the same curriculum as the BSc (Hons) students. This will enable them to top up to the degree at a later stage (within SIX years from enrolment on the course). Diploma course students will be required to complete **three** University of Greenwich modules in order to comply with the Nutritional Therapy Council's (NTC's) National Occupational Standards.

## (SFC) SCIENCE FOUNDATION COURSE

BCNH Science Foundation Course (SFC) is designed for the following candidates:

- Those who do not have an A' Level in Biology and Chemistry or an equivalent.

### QUESTIONS AND ANSWERS

**Q: Is the course length sufficient to prepare me for Diploma or Degree studies?**

A: The SFC (10 months in length) will give students sufficient scientific knowledge, which will enable students to follow the topics on the Diploma or Degree course.

**Q: Can I do the course by correspondence?**

A: You can. You can enrol on the SFC correspondence course at any time during the year.

**Q: Does BCNH recognise Science Foundation Courses from other institutions?**

A: BCNH does recognise other courses (eg. Birkbeck College), subject to approval by the Principal.

**Q: Why do I need to complete a Science Foundation Course?**

A: BCNH teaching is evidence based. Candidates without any science background will have difficulty following the modules on our BSc or Diploma, hence the need to prepare students for future studies at BCNH. We also set a very high standard for our courses as we believe this is the only way to bring out of candidates the best of their abilities.

**Q: Are Distance learning modules cheaper than attendance modules?**

A: Both courses have the same fees.

### SFC DATES (08 - 09)

Day:	Date:	Modules:	Day:	Date:	Modules:
Saturday	27 <sup>th</sup> Sept. 2008	Chemistry 1	Saturday	21 <sup>st</sup> Feb. 2009	Chemistry 6
Sunday	28 <sup>th</sup> Sept. 2008	Chemistry 1	Sunday	22 <sup>nd</sup> Feb. 2009	Chemistry 6
Saturday	25 <sup>th</sup> Oct. 2008	Chemistry 2	Saturday	28 <sup>st</sup> March 2009	Chemistry 7
Sunday	26 <sup>th</sup> Oct. 2008	Chemistry 2	Sunday	29 <sup>th</sup> March 2009	Chemistry 7
Saturday	22 <sup>nd</sup> Nov 2008	Chemistry 3	Saturday	25 <sup>th</sup> April 2009	Biology 1
Sunday	23 <sup>rd</sup> Nov 2008	Chemistry 3	Sunday	26 <sup>th</sup> April 2009	Biology 1
Saturday	13 <sup>th</sup> Dec. 2008	Chemistry 4	Saturday	30 <sup>th</sup> May 2009	Biology 2
Sunday	14 <sup>th</sup> Dec. 2008	Chemistry 4	Sunday	31 <sup>st</sup> May 2009	Biology 2
Saturday	24 <sup>th</sup> Jan. 2009	Chemistry 5	Saturday	27 <sup>th</sup> June 2009	Revision & Mock Exam
Sunday	25 <sup>th</sup> Jan. 2009	Chemistry 5			
<b>Saturday 11<sup>th</sup> July 2009 FINAL EXAM</b>					

**Course Fees: £1,900.00 (incl. VAT)**

Fees to include course modules, lecture CDs, homework marking, tutorial support and examination.

NB:

A fast-track route (short SFC) can be considered by students who have undertaken previous study of biology or chemistry.

## BSc (Hons) Level 1 Courses OFFERED BY BCNH & UNIVERSITY OF GREENWICH

Term 1	Term 2
Academic skills for Professional Practice RESE 1056 (15 credits)	<b>Understanding Quantitative Data I</b> STAT 1023 (15 credits)
<b>Introduction to Concepts of Health</b> OMED 1214 (15 credits)	<b>Introduction to Complementary Therapies</b> OMED 1215 (15 credits)
<b>Principles of Nutritional Therapy I</b> BCNH 001 (15 credits)	<b>Transport and Exchange Mechanisms</b> BCNH 3 (15 credits)
<b>Digestion and Metabolism</b> BCNH 2 (15 credits)	<b>Principles of Nutritional Therapy II</b> BCNH 4 (15 credits)

Modules offered by Greenwich:

60 credits

Modules offered by BCNH:

60 Credits

### BCNH MODULE 1: PRINCIPLES OF NUTRITIONAL THERAPY I

- CARBOHYDRATES, FATS & PROTEINS
- VITAMINS & MINERALS, NUTRIENT DEFICIENCIES
- HEALTH PROGRAMME QUESTIONNAIRE ANALYSIS
- DIETARY ASSESSMENT REPORT

### BCNH MODULE 2: DIGESTION AND METABOLISM

- DIGESTIVE ANATOMY & PHYSIOLOGY (A & P)
- DIGESTIVE DISEASES
- LIVER A & P & PATHOLOGY
- METABOLISM & METABOLIC DISORDERS

### BCNH MODULE 3: TRANSPORT AND EXCHANGE MECHANISMS

- BLOOD, HEART & CIRCULATION A & P
- CARDIOVASCULAR DISEASES
- RESPIRATORY & URINARY SYSTEM A & P
- RESPIRATORY & URINARY DISORDERS

### BCNH MODULE 4: PRINCIPLES OF NUTRITIONAL THERAPY II

- FOOD COMPOSITION, TOXICOLOGY & REGULATION
- FOOD PRODUCTION & FOOD TECHNOLOGY
- SUPER FOODS, RAW FOODS, WATER
- DIETARY MODELS
- MENU PLANNING

BCNH part-time modules consist of **ONE weekend lecture and TWO evening seminars each month** to fit in with your work and family commitments.

**UNIVERSITY OF GREENWICH courses are taught either ONLINE (no attendance) or by ATTENDANCE.**

## **PAYMENTS:**

**A one off Registration Fee of £300 (non-refundable) is payable on enrolment.**

Level 1 - BSc (Hons) Course Fees:

A one off Registration fee (non-refundable):	£300.00
<b>Level 1 courses</b> (£650 per 15 credits)	<b>£2,600.00</b>

University of Greenwich fees:	£450 per 15 credits
Overseas students fees	£800 per 15 credits

## **METHODS OF PAYMENT:**

You can pay monthly, quarterly or one year in advance. **All fees are payable one quarter in advance.**

Students paying BCNH course fees in advance are entitled to 5% - 10% discount:-

- 10% discount is available to students who pay their fees by **16<sup>th</sup> July 2008.**
- 5% discount is available to students who pay their full after the above date.

**Fees for the courses offered by the University of Greenwich are payable directly to the University upon registration.**

Full time students may be eligible for a student loan or a government grant. Please visit the website below for further information:-

**<http://www.direct.gov.uk/EducationAndLearning/UniversityAndHigherEducation/StudentFinance/fs/en>**

**Students can apply for a career development loan (CDL) from Bank of Scotland, Barclays Bank or Co-op Bank.**

## BSc (Hons) Level 2 Courses OFFERED BY BCNH & UNIVERSITY OF GREENWICH

Term 1	Term 2
<b>Introduction to the Theory of Communication for therapeutic Purposes</b> SOCW 1098 (15 credits)	<b>Introduction to the Research Process</b> RESE 1051 (15 Credits)
<b>Stress Management</b> OMED 1211 (15 credits)	<b>Nutritional Therapy for Musculoskeletal Disorders</b> BCNH 7 (15 Credits)
<b>Control, Response &amp; Sensory Systems</b> BCNH 5 (15 Credits)	<b>Clinical Skills for Nutritional Therapy</b> BCNH 8 (15 credits)
<b>Immunity, Nutrition &amp; Defence Mechanisms</b> BCNH 6 (15 Credits)	<b>Pollution and Detoxification</b> BCNH 9 (15 credits)

Modules offered by Greenwich: **45 Credits**  
 Modules offered by BCNH: **75 Credits**

### **BCNH MODULE 5: CONTROL, RESPONSE & SENSORY & SYSTEMS**

- ENDOCRINE SYSTEM ANATOMY, PHYSIOLOGY & PATHOLOGY
- SKIN AND SENSE ORGANS ANATOMY, PHYSIOLOGY & PATHOLOGY
- NERVOUS SYSTEM ANATOMY, PHYSIOLOGY & PATHOLOGY

### **BCNH MODULE 6: IMMUNITY, NUTRITION & DEFENCE MECHANISMS**

- IMMUNE AND LYMPHATIC SYSTEM ANATOMY, PHYSIOLOGY & PATHOLOGY
- FREE RADICALS, ANTIOXIDANTS & INFLAMMATION

### **BCNH MODULE 7: NUTRITIONAL THERAPY FOR MUSCULOSKELETAL DISORDERS**

- MUSCULOSKELETAL SYSTEM ANATOMY, PHYSIOLOGY
- MUSCULOSKELETAL PATHOLOGY
- INFLAMMATION
- SPORTS NUTRITION

### **BCNH MODULE 8: POLLUTION & DETOXIFICATION**

- ENVIRONMENTAL POLLUTION, HEAVY METALS
- LIVER DETOXIFICATION PATHWAYS
- CLINICAL DETOXIFICATION METHODS
- HAIR MINERAL ANALYSIS - CLINICAL APPLICATION

### **BCNH MODULE 9: CLINICAL SKILLS FOR NUTRITIONAL THERAPY**

- HEALTH PROGRAMME QUESTIONNAIRE ANALYSIS & REPORT
- DIFFERENTIAL DIAGNOSIS
- PHARMACOLOGY

BCNH part-time modules consist of **ONE weekend lecture and TWO evening seminars each month** to fit in with your work and family commitments.

**Note:** DL students will be required to attend one week of training in Term 2 to complete Clinical module requirements.

## **PAYMENTS:**

Level 2 - BSc (Hons) Course Fees:

<b>BCNH Courses:</b>	<b>£3,250</b> (£650 per 15 credits)
University of Greenwich fees:	£450 per 15 credits
Overseas students fees	£800 per 15 credits

## **METHODS OF PAYMENT:**

You can pay monthly, quarterly or one year in advance. **All fees are payable one quarter in advance.**

Students paying BCNH course fees in advance are entitled to 5% - 10% discount:-

- 10% discount is available to students who pay their fees by **16<sup>th</sup> July 2008**.
- 5% discount is available to students who pay their full after the above date.

**Fees for the courses offered by the University of Greenwich are payable directly to the University upon registration.**

Full time students may be eligible for a student loan or a government grant. Please visit the website below for further information:-

**<http://www.direct.gov.uk/EducationAndLearning/UniversityAndHigherEducation/StudentFinance/fs/en>**

**Students can apply for a career development loan (CDL) from Bank of Scotland, Barclays Bank or Co-op Bank.**

## BSc (Hons) Level 3 Courses OFFERED BY BCNH & UNIVERSITY OF GREENWICH

Term 1	Term 2
<b>Concepts of CAM</b> OMED 0015 (15 Credits)	<b>Influences of Mind Body Medicine</b> OMED 1213 (15 credits)
<b>Advanced Gastrointestinal Health &amp; Pathology</b> BCNH 10 (15 Credits)	<b>The Inter-relationship between Nutritional Therapy &amp; Optimal Physical, Emotional &amp; Mental Health</b> BCNH 12 (15 credits)
<b>Nutrition Through the Life Cycle</b> BCNH 11 (15 Credits)	<b>Nutritional Therapy and Endocrinology</b> BCNH 13 (15 credits)

Modules offered by Greenwich:

30 Credits

Modules offered by BCNH:

60 Credits

### BCNH MODULE 10: ADVANCED GASTROINTESTINAL HEALTH & PATHOLOGY

- GASTRO-INTESTINAL ECOLOGY
- GI FUNCTIONAL TESTS
- PROBIOTICS
- GUT & BRAIN

### BCNH MODULE 11: NUTRITIONAL THERAPY AND ENDOCRINOLOGY

- THYROID & FUNCTIONAL TESTS
- ADRENALS & FUNCTIONAL TESTS
- HORMONAL INTERACTIONS
- SYNDROME X AND DIABETES

### BCNH MODULE 12: NUTRITION THROUGH THE LIFE CYCLE

- REPRODUCTIVE SYSTEM ANATOMY, PHYSIOLOGY & PATHOLOGY
- PRECONCEPTUAL CARE & PREGNANCY
- FEMALE & MALE HEALTH PROBLEMS
- BABIES, CHILDREN, ADOLESCENTS & CHILDHOOD DISORDERS
- AGEING AND AGE RELATED DISEASES

### BCNH MODULE 13: THE INTER-RELATIONSHIP BETWEEN NUTRITIONAL THERAPY & OPTIMAL PHYSICAL, EMOTIONAL & MENTAL HEALTH

- |   |  |
|---|--|
| <ul style="list-style-type: none"> <li>• EATING DISORDERS</li> <li>• WEIGHT</li> <li>• MENTAL HEALTH</li> <li>• CANCER</li> </ul> | <ul style="list-style-type: none"> <li>• HIV</li> <li>• GENETIC DISORDERS</li> <li>• MULTIPLE SCLEROSIS</li> <li>• CHRONIC FATIGUE SYNDROME</li> </ul> |
|---|--|

BCNH part-time modules consist of **ONE weekend lecture and approximately TWO evening seminars each month** to fit in with your work and family commitments.

### CASE STUDIES

- 4 BCNH-set CASE STUDIES (INCLUDING FUNCTIONAL TESTS INTERPRETATION)

## **PAYMENTS:**

### Level 3 - BSc (Hons) Course Fees:

<b>BCNH Courses:</b>	<b>£2,800</b> (£650 per 15 credits)
University of Greenwich fees:	£450 per 15 credits
Overseas students fees	£800 per 15 credits

## **METHODS OF PAYMENT:**

You can pay monthly, quarterly or one year in advance. **All fees are payable one quarter in advance.**

Students paying BCNH course fees in advance are entitled to 5% - 10% discount:-

- 10% discount is available to students who pay their fees by **16<sup>th</sup> July 2008**.
- 5% discount is available to students who pay their full after the above date.

**Fees for the courses offered by the University of Greenwich are payable directly to the University upon registration.**

Full time students may be eligible for a student loan or a government grant. Please visit the website below for further information:-

**<http://www.direct.gov.uk/EducationAndLearning/UniversityAndHigherEducation/StudentFinance/fs/en>**

**Students can apply for a career development loan (CDL) from Bank of Scotland, Barclays Bank or Co-op Bank.**

## **BSc (Hons) Year 4 Courses OFFERED BY BCNH & UNIVERSITY OF GREENWICH**

**Work-based Learning Project OMED 1154 or Project OMED 1219**  
30 credits

The above course is offered jointly by BCNH & University of Greenwich

### **BCNH MODULE 14:                   NUTRITIONAL THERAPY (NT) IN PRACTICE**

- REFLECTIVE PRACTICE
- COMMUNICATION SKILLS
- BUSINESS SKILLS, MARKETING AND PRACTICE MANAGEMENT
- HEALTH & SAFETY
- PROFESSIONAL STANDARDS AND CODE OF CONDUCT
- THERAPEUTIC LEVELS OF FOOD SUPPLEMENTS, PHYTOCHEMICALS AND AMINO ACIDS IN NT

### **CASE STUDIES**

- 12 CASE STUDIES & FOLLOW-UPS (INCLUDING FUNCTIONAL TESTS INTERPRETATION) IN A CLINICAL SETTING

### **PAYMENTS:**

**Year 4 - Clinical Practice:**

**£1,200.00 + VAT**

### **METHODS OF PAYMENT:**

You can pay monthly, quarterly or one year in advance. **All fees are payable one quarter in advance.**

Students paying BCNH course fees in advance are entitled to 5% - 10% discount:-

- 10% discount is available to students who pay their fees by **16<sup>th</sup> July 2008**.
- 5% discount is available to students who pay their full after the above date.

**Fees for the courses offered by the University of Greenwich are payable directly to the University upon registration.**

Full time students may be eligible for a student loan or a government grant. Please visit the website below for further information:-

**<http://www.direct.gov.uk/EducationAndLearning/UniversityAndHigherEducation/StudentFinance/fs/en>**

**Students can apply for a career development loan (CDL) from Bank of Scotland, Barclays Bank or Co-op Bank.**

## 3.5-YEAR PART-TIME BCNH DIPLOMA MODULES

### YEAR 1 OF DIPLOMA COURSE (Equivalent to 60 Level 1 credits)

BCNH MODULE 1:	PRINCIPLES OF NUTRITIONAL THERAPY I
BCNH MODULE 2:	DIGESTION AND METABOLISM
BCNH MODULE 3:	TRANSPORT AND EXCHANGE MECHANISMS
BCNH MODULE 4:	PRINCIPLES OF NUTRITIONAL THERAPY II

MODULES TO BE COMPLETED AT THE UNIVERSITY OF GREENWICH  
ACADEMIC SKILLS FOR PROFESSIONAL PRACTICE or  
INTRODUCTION TO COMPLEMENTARY THERAPIES

**TOTAL: 75 CREDITS**

### YEAR 2 OF DIPLOMA COURSE (Equivalent to 75 Level 2 credits)

BCNH MODULE 5:	NUTRITION FOR CONTROL, RESPONSE & SENSORY SYSTEMS
BCNH MODULE 6:	NUTRITION AND IMMUNITY
BCNH MODULE 7:	MUSCULOSKELETAL SYSTEM & SPORTS NUTRITION
BCNH MODULE 8:	POLLUTION & DETOXIFICATION
BCNH MODULE 9:	NUTRITIONAL THERAPY IN PRACTICE

MODULES TO BE COMPLETED AT THE UNIVERSITY OF GREENWICH  
INTRODUCTION TO THE RESEARCH PROCESS

**TOTAL: 90 CREDITS**

### YEAR 3 OF DIPLOMA COURSE (Equivalent to 60 Level 3 credits)

BCNH MODULE 10:	ADVANCED GASTROINTESTINAL PATHOLOGY
BCNH MODULE 11:	ADVANCED ENDOCRINOLOGY & TESTS
BCNH MODULE 12:	NUTRITION THROUGH THE LIFE CYCLE
BCNH MODULE 13:	NT FOR OPTIMAL PHYSICAL & MENTAL HEALTH

MODULES TO BE COMPLETED AT THE UNIVERSITY OF GREENWICH  
AN INTRODUCTION TO THE THEORY OF COMMUNICATION FOR THERAPETIC PURPOSES

**TOTAL: 75 CREDITS**

### **CASE STUDIES**

- 12 CASE STUDIES - CLINIC ENVIRONMENT
- 12 FOLLOW-UPS
- 8 LIVE CASE STUDIES (OUT OF 12) - CLINICALLY ASSESSED

### **ATTENDANCE & STUDY TIME**

BCNH part-time modules consist of **ONE weekend lecture and TWO evening seminars each month** to fit in with your work and family commitments.

The University of Greenwich **modules are taught in afternoons**. If your current commitments do not allow you to attend these, there is the option to study **online**. Diploma students will be registered as 'associate students' of the University of Greenwich.

## CONVERTING DIPLOMA TO A DEGREE

Students following the BCNH Nutritional Therapy Diploma may concurrently register as Associate Students of the University of Greenwich to study individual courses relevant to the BSc Hons Complementary Therapies (Nutritional Health) programme. Following successful completion of the BCNH Nutritional Therapy Diploma, students may apply to join the BSc Hons Complementary Therapies (Nutritional Health) programme and transfer relevant credit gained from their studies as Associate Students, into the programme.

Associate Students are not registered to an award of the University of Greenwich but undertake a credit-bearing course of study as a free-standing entity. Associate Students are entitled to the same privileges and access to resources as all other part-time students of the University for the duration of their period of study.

THE FOLLOWING GREENWICH UNI MODULES ARE TO BE COMPLETED TO CONVERT DIPLOMA TO BSc :

### Level 1:

- Concepts of Health
- Understanding Quantitative Data I
- Introduction to Complementary Therapies

### Level 2:

- Stress Management

### Level 3:

- Concepts of CAM (Complementary and Alternative Medicine)
- Work- based project (a combination of clinical work and reflective analysis of your clinical experience and learning)

## PAYMENTS:

BCNH Courses:	£11,874 (incl. VAT)
University of Greenwich fees:	£1,350

## METHODS OF PAYMENT:

You can pay monthly, quarterly or one year in advance. **All fees are payable one quarter in advance.**

Students paying BCNH course fees in advance are entitled to 5% - 10% discount:-

- 10% discount is available to students who pay their fees by **16<sup>th</sup> July 2008**.
- 5% discount is available to students who pay their full after the above date.

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**Students can apply for a career development loan (CDL) from Bank of Scotland, Barclays Bank or Co-op Bank.**

# **BCNH DISTANCE LEARNING, ATTENDANCE & COMBINATION COURSES**

## **DISTANCE LEARNING COURSES**

Distance Learning Courses are suitable for individuals who cannot physically attend lectures and seminars in London.

- Students can download live recordings of lectures and seminars from BCNH website. Course notes are emailed to students in a PDF format few days before a lecture or a seminar.
- Degree and Diploma students have a personal tutor who will support them throughout their study at BCNH.
- Science Foundation Course (SFC) students will have a tutor available 2 hours a week for telephone support.
- Students can sit examination in their own home-town, providing they arrange a suitable Invigilator (eg an academic institution), approved by the college. Students pay the exam invigilation fee.

### **CLINICAL ATTENDANCE**

- A compulsory in-class clinical attendance is required in Years 1, 3 and 4 of the course. Clinical sessions are arranged in clusters to minimise students' frequency of travel to London.

## **ATTENDANCE COURSES**

Attendance Courses are suitable for individuals who live in or near London and can physically attend lectures and seminars at the University College London, where BCNH hires lecture rooms.

- Students attend ONE weekend a month (Saturday and Sunday 10am - 5pm) and two evenings a month (6pm - 9pm) between September and May. In June students prepare for their final assignments or examinations.
- Students have a personal tutor who will support them throughout their study at BCNH.

## **COMBINATION COURSES**

Combination Courses are suitable for individuals who, due to distance or family commitments, are not able to physically attend all lectures and seminars.

- Students attend weekend lectures and /or evening seminars as agreed by the college at the beginning of the academic year. Eg some student attends lecture weekends and complete evening seminars by correspondence.
- Students have a personal tutor who supports them throughout their study at BCNH.

### **CLINICAL ATTENDANCE**

- Students, who do not attend clinical seminars must complete clinical work at home and email proof of their work to the college. Clinical seminars are in addition to other clinical training, attendance of which is compulsory.

## Students' & Graduates' Testimonials

*"I chose BCNH because it has a very strong reputation for teaching nutrition thoroughly which is well founded. Each topic is covered in great breadth and depth which leaves me feeling confident in the knowledge I am gaining. The enthusiasm and commitment of the lecturers and BCNH staff is contagious and students are treated with respect, flexibility and individuality. The course is intellectually demanding and definitely needs personal commitment, but you really feel the staff want you to do well and are keen to offer support. This is important as most of the students lead busy lives trying to juggle a part time degree with career, family and personal commitments".*

**Lynne S (BSc student)**

*"I chose to study nutrition at BCNH because of the degree of flexibility offered by the course (I am a part-time/distance combination student) and because of the serious approach taken to educating our clients about nutrition and the effect food has on their body, right down to every chemical reaction!"*

**Ellen S (BSc student)**

*"This course is absolutely fascinating and I really enjoy all the lectures. The tutors are friendly and adept at explaining everything in such a way that is not only easy to understand but also it's interesting! I'm already recommending it to my friends".*

**Julie D (BSc student)**

*BCNH is definitely not for the faint hearted, but as challenging as it may be – there are many rewards along the way. I have gained such a vast array of knowledge about the world of Nutrition over the past 3 years and feel confident that the high standards of BCNH have prepared me, for a hopefully successful and exciting career in Nutrition.*

**Rebecca D (Year 3 - Diploma)**

*I'm thoroughly enjoying the BCNH course, it's quite amazing how much there is to know around nutrition and how vital this area is for health. Although there is a lot of work to do, the college does provide excellent learning materials that makes the workload more manageable. I am really pleased I decided to do this course as I feel it is very thorough, especially compared to some of the others I investigated. I can't wait to give up my day job!*

**Isabella M (BSc student)**

*"I am very pleased with having chosen the BCNH course to study nutrition. The lecturers are highly qualified and their knowledge and enthusiasm is contagious. They have such passion towards nutrition, which in my opinion is a recipe for a successful college. This only confirms that I have come to the right college. I am passionate about nutrition and as being constantly encouraged and taught by the best nutritional therapists in the country I will definitely be superior to other college students in the UK. The standard is very high for modules and we are required to learn nutrition to the intricate theory yet not forgetting the important practical approach, which exceeds the rest of the UK nutritional colleges. I can warmly recommend BCNH as the best college in the country, which prepares you to tackle the world of nutrition with the best possible qualifications".*

**Jatta T (Year 3 DL Student)**

*"So far on the course I have found it extremely interesting and well organised. What has struck me most is how passionate everyone is about nutrition, which I find very motivating."*

**Kate O (Graduate)**

*“Just to say that the college is great, has opened a new world for me and I enjoy it very much.”*

**Morana K-A (Year 3 Diploma)**

*"Having looked at all the alternatives, I decided on this course as it gave a good balance of nutrition theory with practice. The course content is excellent. As I embark on my second year, with the excellent support of the college and tutors, I feel well equipped to apply my knowledge in practice. It's a great feeling to have the confidence, that I'll be able to use what I'm learning now, to help people improve their diet, manage illness and generally help improve their health and well being."*

**Mairi A (Graduate)**

*"I would recommend the college to anyone interested in studying nutrition and building a career in this field. The lectures have been excellent and have enabled me to obtain a wealth of knowledge and most importantly I feel that I have had support from the college all of the way!"*

**Petrina G (Graduate)**

*"BCNH is a great college - the course really is challenging and if you want an exciting career, this is the place to start."*

**Sarah L (Graduate)**

*"I'm now into my second year of the BCNH and so far so good. It's hard though and one of the most challenging things I've done. What was great though was the foundation course; I did really well, the lecturers made it so much easier I can't remember enjoying Chemistry at school!! The difference is that this time it was my choice. Sometimes it is tough, year one was so intense and you've really got to be committed. There wasn't a day where this course wasn't on my mind. The weekends can be really rewarding but you have to stay focused, so don't turn up with a hangover because you'll regret it! I've learnt loads so far and it's great passing the knowledge on."*

**Shelley D (Graduate)**

*"The Nutrition Diploma Course at BCNH was everything I expected and more. Nutrition is an incredibly exciting field to be in and by studying correspondence it has opened many doors for me. I feel that BCNH do their best to train their students to an extremely top level and I am pleased to be one of them."*

**Zelda G (Graduate)**

*"I have been lecturing for four years at BCNH and I am definitely impressed by the very high motivation of both the students and the staff. I believe that they have understood how important proper management of nutritional and micro nutritional tools can be for general health and well-being.*

*I am especially glad to collaborate with BCNH as it expressly emphasizes providing a strict scientific background to all matters taught to students, an attitude still too rare in today's world of nutrition."*

**Dr Georges Mouton (Lecturer and Medical Doctor)**